

Are you affected by someone's drug use? Do you keep trying to make things better and nothing helps? Addiction is a family disease. It affects the relationships of those close to the addict. If someone's addiction is affecting you, first you must help yourself.

You are not alone!

Nar-Anon



What is Nar-Anon?

Nar-Anon is a twelve-step support group for families and friends of addicts. In our meetings you will hear others, who are going through similar problems, talk about how they cope and find recovery. There is hope! The only requirement for membership is that there be a problem of addiction in a relative or friend.

2nd/4th Thursdays 7:00-8:15 pm
A New Found Way of Living
Marian Center
West Shore Road, Bristol, NH 03222

Begins December 10th, 2020

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