

TTCC GRADE LEAGUE RULES

These rules have been researched and implemented to help our young players experience success and learn the game of basketball using an age and developmentally appropriate progression.

1ST & 2ND GRADE:

- **EQUAL PLAY TIME:** Coaches are to ensure all players receive equal playing time during each game throughout the season.
 - **GAME FORMAT:** 4 v 4 scrimmages will be played.
 - **BALL SIZE:** A junior sized ball will be used (27.5").
 - **BASKET HEIGHT:** Baskets will be about 8 feet high.
 - **FOUL SHOTS:** Foul shots may be taken from 9 feet, and participants may cross line after shot if momentum carries them across.
 - **DEFENSE:**
 - o Defenses will be man-to-man only – help defense is encouraged, but no double team / traps are allowed.
 - o The ball cannot be stolen or stripped from a player dribbling under control or holding the ball – passes may be intercepted.
 - o Blocked shots will not be allowed (unless the ball has already left shooter's hand)
 - o Full court press will not be allowed.
 - **SCORE:** Score will not be kept.
 - **OFFICIALS:** Referees will not be provided at this league, however, coaches and/or parents are encouraged to referee for instructional purposes during the scrimmage games.
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3RD & 4TH GRADE:

- **EQUAL PLAY TIME:** Coaches are to ensure all players receive equal playing time during each game throughout the season.
- **BASKET HEIGHT:** Baskets will be 10 feet high.
- **BALL SIZE:** An intermediate sized (28.5") ball will be used.
- **GAME LENGTH:** Games will be played in three 8-minute run time quarters and the 4th quarter will be 6-minutes stop time. There will be 1 minute between quarters and a 5-minute halftime. The clock will stop for substitutions and foul shots only. The mercy rule is up to the discretion of the coaches – but it is recommended if a team leads by 15 points or more in the 4th quarter, the clock will remain running time.
- **TIME OUTS:** Teams will be allowed three full timeouts and two 30-second timeouts.
- **OVERTIME:** There will be no overtime period, even if score is tied at the end of regulation.
- **FOUL SHOTS:** Players may move up to 2 feet closer on foul shots if needed. Shooters are allowed to cross the foul line on the shot, but they cannot go for the rebound until the ball hits the rim. Players lined up on the lane can go for rebound on the release.
- **DOUBLE DRIBBLE/TRAVELING VIOLATIONS:** Double dribble & traveling violations will be a judgment call by the referees. At the beginning of the season, players will be allowed some leniency but as the season progresses these violations will be called tighter.

- **THREE POINT SHOTS:** There will be no 3-point baskets. If a shot is made past the three point line only two points will be recorded.
 - **FULL COURT PRESS:** Teams are not allowed to full court press. Defensive players must go behind the half court line on their side of the court when offense gets the ball.
 - **DEFENSE:** Defense will be played man to man for the entire first half & second half will be coach discretion (man or zone). No trap double teaming allowed.
 - **SCORE:** Score will be kept in an official scorekeeper's book and displayed on the scoreboard.
 - **OTHER RULES & REGULATIONS:** All other rules and regulations will be the same as NHIAA High School Rules.
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5TH & 6TH GRADE:

- **EQUAL PLAY TIME:** Coaches are to ensure all players receive equal playing time during each game throughout the season.
- **BASKET HEIGHT:** Baskets will be 10 feet high.
- **BALL SIZE:** An intermediate sized (28.5") ball will be used.
- **GAME LENGTH:** Game will be played in four 7-minute stop-time quarters.
- **TIME OUTS:** Teams will be allowed three full timeouts and two 30-second timeouts.
- **OVERTIME:** In the event of a tie at the end of regulation play, teams will play 4-minute overtime periods (play until there is a winner).
- **FOUL SHOTS:** Foul Shots will be taken from 15 feet. Shooters are allowed to cross the foul line on the shot, but they cannot go for the rebound until the ball hits the rim. Players lined up on the lane can go for rebound on the release.
- **THREE POINT SHOTS:** Three-point shots are allowed.
- **FULL COURT PRESS:** Pressing will be allowed in the second half only, unless leading by 15 points or more.
- **DEFENSE:** Defense is at the discretion of the coach.
- **SCORE:** Score will be kept in an official scorekeeper's book and displayed on the scoreboard.
- **OTHER RULES & REGULATIONS:** All other rules and regulations will be the same as NHIAA High School Rules.

Other leagues may have some different game play rules than TTCC.

Coaches should meet prior to each game to be sure everyone is playing by the same rules.

When in doubt, use "home team rules".

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REMEMBER IT'S JUST A GAME – FUN IS OUR #1 GOAL!